

A System that WorksSM

...for Your Success!

Volume 9 No. 1

Points to Ponder: Born Anew

This is an interesting time of year where we are beginning to transition from the colder weather into warmer weather and spring. According to the calendar that is. As I write this the official start of spring is less than a week away. The temperatures may not necessarily reflect it in certain parts of the country. Yet signs of new growth are beginning to show.

There are many parallels between the rhythms of nature and our own, whether they relate to our personal or professional lives. What's interesting is these rhythms follow their own time and timing.

Much has happened since the December 2004, issue of this newsletter. Upon reflection I now see the reason for my writing so much about focus, change, transitions and transformation last year. Some of the main changes and updates include:

* I am continuing work on the book, *Enthusiasm! How to Draw It To Yourself and Keep ItSM*. In a sense this book has been writing itself since I began doing programs on the topic in 1990. Though I actually began writing (more like transcribing) the book in August 2004. I had gotten about 50% completed then the 'stuff of life' showed up along with holidays, etc. Fortunately I have been able to get back to the book and anticipate having the manuscript completed by the first day of Spring. Initially the book will be available online in an e-book format, which you can download. Plans are for it to also be available in soft-bound book format by summer.

This is the first book in a series. As of now the focus of the other books includes: *Enthusiasm @ Work*, *Enthusiasm: A Key Ingredient to Sales Success*, *The Dynamics of Enthusiasm*, and *Keeping Your Enthusiasm Especially with the Tough Stuff of Life*.

* During the initial process of writing the book, an awareness came to me that enthusiasm was the umbrella through which all of my work was to flow. At the time I brushed the thought aside. Well you may have guessed, the awareness and insight wouldn't leave me alone. In essence the business I began in 1988, ASW Consultants & Project Specialists, has been

in the process of being put to rest. And something else is being born anew.

* Once I began to open to being willing to consider (OK, it took me a while) that enthusiasm is to be the umbrella through which all of my work is to flow, things began to shift and fall into place. Exactly what it is to look like and encompass is unfolding as I take each step. At first I kept asking for the blueprint or completed brochure so I could see what it was going to be. Yes, I know this is life. And the blueprint most likely wouldn't provide the riches I have already discovered with this aspect of my journey.

Though there has been a gentle sense of flow as I clearly see how the various things I have been drawn to, over the past few years, fit so easily under the enthusiasm umbrella. It just wasn't working when I kept trying to plug them in to the original business. Perhaps this is akin to the new wine in old wine skins~ it just doesn't fit. Here Now I relax into it, trusting fully that all is well as I, my work, my business and website are being born anew. At this very moment it feels quite refreshing.

Where are things now? The business name is officially *A System that WorksSM*. We will continue to offer quality, practical programs, products and services that meet the needs of people and businesses, not just for today but for tomorrow as well. These programs will be in-person and virtual using telephone and internet technology to offer flexible ways to better meet your needs and budgets. Below are upcoming telephone-based seminars and Focus Groups to launch this aspect of our business.

Also I'll continue to work with a small number of people one-on-one in private sessions along with 2-3 small groups of 8-10 people. These can be in-person, by telephone and in some cases distance. If this is something you would like to explore, e-mail me at Antoinette@ASystemthatWorks.com so we can arrange a time to discuss how to co-create a system that works for you.

As I mentioned, the website www.ASystemthatWorks.com is also being born anew. There is currently a Welcome Page and a section for Newsletters, etc. that has newsletter archives, articles, etc. More is coming to the website...in its appropriate time.

As this seeming birth process continues, I go forward knowing that something big and powerful is being born anew, at all levels and in all ways. I trust this process. In the meantime I plan on Keeping the Sizzle! And I thank you for your ongoing support.

With Greater Clarity & Focus,

Antoinette

Upcoming Programs & Events

We are delighted to launch the following three programs. Each of these will be conducted over the telephone using a bridgeline (and one with the addition of an online discussion group) to connect participants from around the world.

Enthusiasm! How to Draw It To Yourself and Keep It

Since 1990 Antoinette Webster has been studying and facilitating programs on *enthusiasm*. Now you can discover and experience the results of her research, workshops and forthcoming book on this dynamic force that everyone possesses. Register now for the complimentary ***Enthusiasm! How to Draw It To Yourself and Keep It*** introductory session (via telephone) on Thursday, March 24, 7-8 p.m or Tuesday, March 29, 8-9 p.m. Additionally you will gain insights into *What to do when your "get-up-and-go got up and went"*SM.

Investment: only \$-0- (plus the cost of the call)

Register today to reserve your space by e-mailing Antoinette@ASystemthatWorks.com.

Focus Discussion on: Work HealingSM

Many people have experienced various challenges and woundings in and related to work. Whether it is working with difficult bosses or customers, being paid less than you are worth, being laid off, having to fire someone or having your ideas ridiculed in front of other team members, these and other 'woundings' can interfere with how we show up at work and in our personal lives. They can even keep us from attracting our ideal work. Join Antoinette Webster for a focused discussion, via telephone bridgeline, on how to begin healing the woundings from work.

When: Thursday, March 31, 2005, 7-8:30 p.m.

Investment: only \$-0- (plus the cost of the call)

Register today to reserve your space by e-mailing Antoinette@ASystemthatWorks.com.

Radical Forgiveness: Making Room for the Miracle Virtual Book Study

Radical Forgiveness: Making Room for the Miracle is the Writer's Digest Award Winning book by Colin Tipping that is having a positive, transformative affect on thousands of people around the world. By participating in this virtual book study you have:

* An opportunity to help you discover insights and tools so you can begin to achieve inner peace and release self-destructive patterns.

* Transformative processes and tools that help break through the barriers and patterns that no longer serve you. Yes, you can begin to open to your personal power now!

Virtual Book Study Logistics: This 6-week virtual book study includes two components—

1. a live tele-study that meets for one hour, once a week over a telephone bridgeline. Participate while in the comfort of your home, and
2. an on-line, private discussion group that you can participate in, at your convenience, any time day or night. Ask questions, discuss experiences with the tools, get support, share successes...

Dates, etc.: *Complimentary Information session—* Wednesday, March 23, 2005, 7-8 p.m.

6-week Virtual Book Study: tele-study Wednesday's, March 30 - May 4, 7-8 p.m. with the online discussion group ongoing throughout the 6 weeks.

Investment: only \$60 (plus the cost of the call and purchase of the book)

Register today for the information session and/or the 6-week Virtual Book Study to reserve your space by e-mailing Antoinette@ASystemthatWorks.com.

Friends and Colleagues, my personal work with Radical Forgiveness has paved the way for profoundly deep healing and positive transformation in all areas of my life. And it all began when I participated in a Radical Forgiveness book study. I hope you'll join me, and others of like mind, for this enlightening virtual experience. Together let us begin making room for the miracle. *Antoinette*

The *A System that Works...for Your Success!* newsletter is written for individuals and businesses committed to harnessing their potential. Information contained in this newsletter is general in nature and is not intended to replace professional consultation. *A System that Works...for Your Success!* is published by ASW.

ASW - A System that Works - is a speaking, training, facilitation and coaching company focusing on professional, entrepreneurial and personal growth and development. For information on our services and programs or to schedule a private session, contact: Antoinette Webster, President, ASW, 640 Foster Ave., Hamilton, OH 45015, (513) 887-0600, Antoinette@ASystemthatWorks.com, www.ASystemthatWorks.com.
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